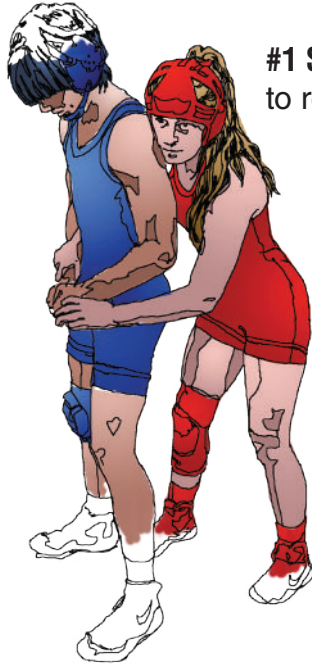
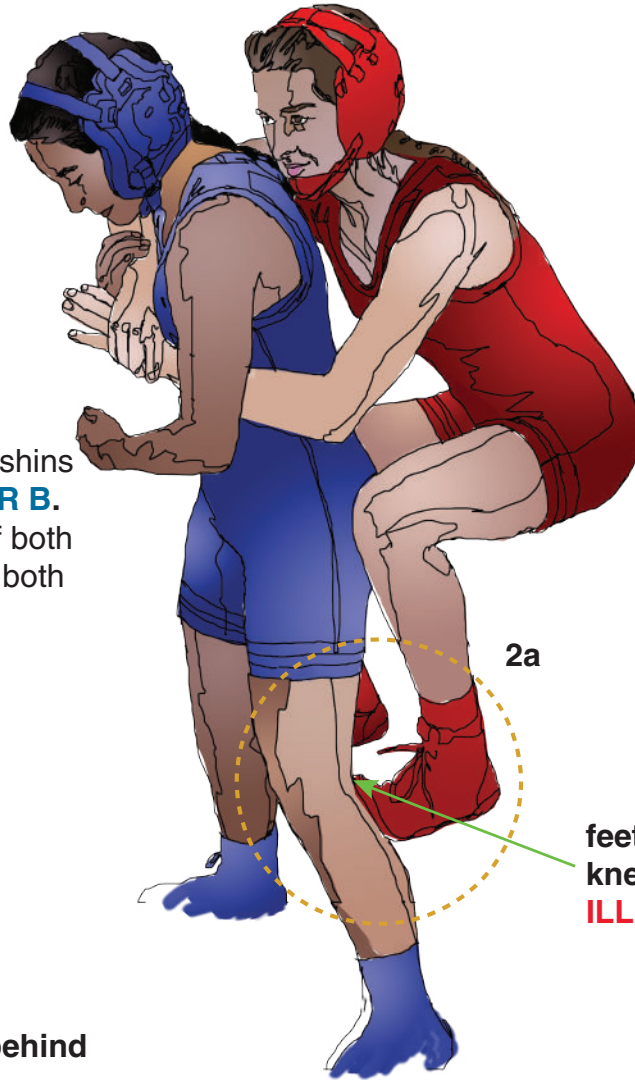


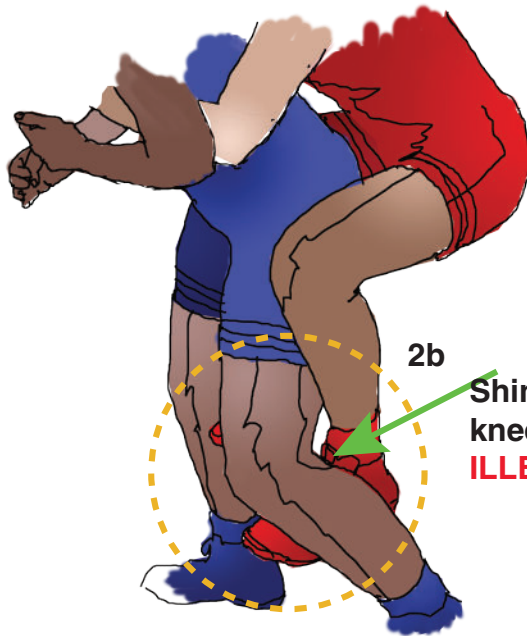
Double Knee Kick Back—Illegal



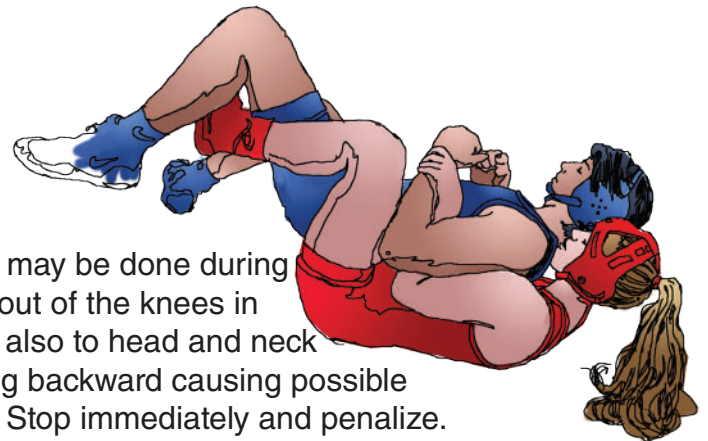
#1 Set-up From a rear standing position, **Wrestler A** starts to return **Wrestler B**.



#2a/b **WRESTLER A** forcefully jumps their feet/shins into the back side of both knees of **WRESTLER B**. **WRESTLER B** will be carrying all the weight of both wrestlers, which is dangerous as it will kick out both legs of defensive wrestler.



Shin behind knee
ILLEGAL



#3 Damage may be done during the kicking out of the knees in 2a and 2b., also to head and neck blindly falling backward causing possible HNC injury. Stop immediately and penalize.

NOTE: Feet or Shins forcefully kicking out the knees in a 2a and 2b are **ILLegal**.