

Policies and Procedures Officials Pre-Meet Duties

Before the season starts

Ensure your information is correct in Arbiter.

Check uniform/shoes, bag, whistle, arm bands, disc, etc. for fit and cleanliness. Check emails and maintain calendar for upcoming meetings events.

Exercise and stretch to maintain fitness as your scheduled permits.

Attend wrestling events in the off season if you can.

Read the Rule Book! There is no substitute for this. It is imperative that you know the Rules before stepping onto the mat. You are the expert. Read the Rule Book periodically all year round. Your confidence on the mat will be an indicator of your knowledge of the rules.

Day of event

No alcohol or medicines that could impair your judgment.

Check your location and map app to ensure you arrive at least 30 minutes prior to the scheduled match time.

Remember your jurisdiction begins when you arrive on site and ends when you sign the scorebook.

Always behave professional. Be courteous but not overly friendly with coaches and be aware of any indication of conveying any perception of favoritism.

Weigh-ins

Weigh-ins should never be conducted in the view of spectators. Follow the timeliness guidelines in the Rule Book for dual meets and tournaments. Use only the proper CIF approved weigh in sheets.

Address new rules. Ask the wrestlers and coaches if they need

any clarification of rules. This is the time to discuss rules and interpretations if needed.

Conduct a proper and thorough skin/grooming/uniform check and ask for any special equipment which may need to be inspected.

Follow guidelines spelled out in the Rule Book. Be familiar with them.

Only CIF approved medical forms are allowed. Observe them thoroughly and ensure timeliness of signatures and dates.

Conduct of matches

Review signals, scoring, procedures with head table scorers and timekeepers. Introduce yourself to the on-site trainer.

Ask coach to verify the wrestlers are groomed, properly equipped and ready to wrestle. *(Penalty is unsportsmanlike conduct, if they are not)

Your pre-meet duties require proper mat setups, especially in regard to safety. Ensure the required mat space is adhered to. Proper distance of wrestlers, coaches chairs, (10 ft from edge of mat) and tables are a must. Remember coaches are restricted to the team bench area when wrestling is in progress.

Multiple Captains may represent teams, however only address one when giving instructions and asking questions.

If a coach brings you to the table one of two things should happen; A call is reversed or the coach is penalized for misconduct. A judgment call cannot be questioned. (automatic warning for misconduct)

When the event is finished, review and sign the official scoresheet.

Leave the premises immediately after the match without any undue loitering.

General

Whenever possible have your pay taken care of before the match starts, not after. Notify the assigner after the assignment to ensure pay is correct in arbiter.

If you are the Head Referee at a tournament, go to OCWOA website and fill out the “Head Referee’s Report” within 24 hours of the event.